



Thulani Spa Menu

Africology Bespoke Facial **60 mins**
 Our Bespoke facial is designed using a variety of serums that will address particular skin issues that skillfully selected and blended to your individual needs.

Express Facial **30 mins**
 For those moments when time is challenged but facial renewal and stability is needed.

Deep Cleanse Facial **60 mins**
 A deep cleanse can leave the skin looking refreshed and more youthful. This facial stimulates and uplifts tired and dull skin, and effectively clears problematic skin.

African Goddess Facial **90 mins**
 Our de-stressing, anti-aging, cell-renewal facial is rich in natural oils. The back is scrubbed before a balm-infused back massage. Followed by a deeply hydrating facial that restores elasticity and stimulates new cell growth.

Renewing SOS Facial **80 mins**
 An anti-aging Hyaluronic acid treatment designed to combat the signs of aging. The unique layering process tones, soothes and brightens the skin, revitalising in the long term while providing an immediate, healthy glow.

THERAPUTIC MASSAGES

Intuitive Herbal Oil **Back 30 mins Body 60 mins**
 Choose your aromatherapy infused massage oils to be warmly applied to combat tight muscles and lymph drainage, and tension.

Balancing Scalp & Leg Ritual **45 mins**
 A balancing treatment to target the symptoms of jet lag and long travel on the areas often neglected to relax and restore energy balance.

Shea Aromatherapeutic **75 mins**
 Easy-melting Shea from Ghana blended with healing African potato, rooibos and natural essential oils creates a sublime, beautiful body experience.

SIGNATURE MASSAGES

Soul of Africa Journey **Back 45 mins Body 90 mins**
 Using Marula oil blended to soften signs of ageing through its anti-stress action. This treatment starts with the application of warm, soothing mud to release negativity stored in the muscles and includes a scalp massage.

Spring of Hope Destress Body **60 mins**
 Targeting areas that carry stress in the body combined with shea balms infused with healing African potato and essential oils to calm the mind. This treatment starts with a deep tissue back massage, and sensory scalp massage and foot massage.

Muscle & Joint Magnesium Deep Tissue **Back 30 mins
Body 60 mins
Body 90 mins**

BOOSTERS

Hand / Foot / Scalp Massage **10 mins**

HANDS & FEET

Manicure **45 mins**

Pedicure **60 mins**

Express File and Paint **30 mins**

** Spa treatments are additional. Pricing not included in Thulani Vacation Package.